

# GHAZ Covid-19 Response Guidelines

Revised 9.13.21

## Positive COVID-19 Test, COVID-19 Diagnosis, or Waiting for Testing Results

### Isolation Guidelines:

Return to school contingent upon completion of **all 3**:

1. **24 hrs** fever-free w/o fever reducing meds
2. Improvement in respiratory symptoms
3. **10 days** have passed since first symptoms started if symptoms are mild to moderate or 10 days from positive test if subject is asymptomatic  
**or**  
**20 days** have passed if symptoms are severe to critical or patient is severely immunocompromised

PCR and Antigen tests are now accepted. Antigen Home Tests are accepted as well. Antibody tests are still not accepted. (updated 9.13.21)

### Actions:

1. Campus Response Team will notify Maricopa County Public Health Department, and Executive Director. HR will also be notified if subject is an employee
2. Executive Director will assemble the GH COVID Response Team
3. Close off and disinfect all non-porous surfaces asap
4. Determine where the student or employee has been and whom they have had close contact with for the past 48 hours. Close contact is defined as within 3 ft for an accumulated period of more than 15 minutes.
5. Communicate directly to all adults/students who have come into "close contact" with the subject and ask them to watch for symptoms for the next two weeks. Close contacts are not required to quarantine unless they develop symptoms.
6. Communicate in a manner consistent with other infectious disease notifications and legal confidentiality requirements to:
  - a. All Faculty members if subject is a faculty member
  - b. Families in the same section as the student/teacher
  - c. All teachers of the student if the subject is a student
7. If Teacher/staff – determine coverage
8. School Closure, section or grade level quarantines will be determined by the GH Response Team with advisement

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	from the Maricopa County Department of Health
<b>Student, Teacher, or Staff Member Exhibits Covid-19 Symptoms</b> (Not part of a pre-existing condition such as asthma or known allergies)	
<p><b><u>Symptoms:</u></b></p> <ul style="list-style-type: none"><li>-Cough</li><li>-Shortness of breath or difficulty breathing</li><li>-Fever</li><li>-Chills</li><li>-Repeated shaking with chills</li><li>-Muscle pain or body aches</li><li>-Headache</li><li>-Sore Throat</li><li>-Nausea or Vomiting</li><li>-Diarrhea</li><li>-Fatigue</li><li>-Congestion or runny nose</li></ul> <p>* If individual has a new loss of taste and/or smell that cannot be attributed to something else, treat as if the individual is Covid Positive. Please note that a loss of taste and smell is not a symptom of the delta variant.(Updated 8.16.21)</p> <p><b><u>Isolation Guidelines- If Tested</u></b></p> <ol style="list-style-type: none"><li>1. May give directions on where individual can be tested, but testing cannot be required. If individual chooses to get tested then (See further below if individual does not get tested)</li><li>2. <b>If Positive:</b> Return to school contingent upon completion of <b>all 3:</b><ul style="list-style-type: none"><li>• <b>24 hrs</b> fever-free w/o fever reducing meds</li><li>• Improvement in respiratory symptoms</li><li>• <b>10 days</b> have passed since first symptoms started if symptoms are mild to moderate or 10 days from positive test if subject is asymptomatic</li></ul></li></ol> <p><b>or</b></p>	<p><b><u>Actions:</u></b></p> <ol style="list-style-type: none"><li>1. School nurse will determine if symptoms are part of a pre-existing condition such as asthma or allergies. If not, continue to step 2.</li><li>2. Symptomatic individual is immediately sent home</li><li>3. Disinfect areas that the student/teacher has been in contact with</li><li>4. If teacher, determine coverage</li><li>5. Testing is not required.</li></ol>

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- **20 days** have passed if symptoms are severe to critical or patient is severely immunocompromised

### 3. If Negative:

- Stay home and away from others until **a full 24 hours** have passed since the **fever (including chills, shakes, and body/muscle aches) has gone away** without the use of fever-reducing medications **AND the respiratory symptoms (cough, shortness of breath, difficulty breathing, sore throat, congestion or running nose, and loss of taste/smell) have fully resolved.**
- Return with doctor's note if symptoms are still present.

### **Isolation Guidelines- If Not Tested**

We understand that not everyone will have the resources to get tested every time they exhibit a symptom. We also understand that other illnesses will be passed around that have some of the same symptoms as COVID-19 such as the common cold.

4. **If not tested, but seen by a doctor, and doctor suspects COVID-19, or if symptoms are unique to COVID-19 such as loss of taste or smell see guidelines for Positive COVID-19. Please note that the Delta variant may not have the symptoms of loss of taste or smell. (updated 8.16.21)**
5. If not tested, and if symptoms can be attributed to some other illness as determined by the school nurse, or some other health professional, **return a full 24-hours after fever has resolved without fever reducing medication and all symptoms have fully resolved.**
6. Return with doctor's note if symptoms are still present and doctor does not suspect COVID-19.

### **Close Contact with Someone Who Tested Positive for Covid-19**

Someone who was within 3 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period\* starting from 2 days before illness

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onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated.

## Isolation Guidelines:

1. Exposed individual may remain on campus as long as they don't have symptoms. Close contacts are encouraged to wear a mask for 10 days. Students who are close contacts may choose to quarantine. Students who have been asymptomatic since exposure may return at any time. We advise them to wear a mask for 10 days. If they do develop symptoms see #2 and #3. Teachers should return to work with a mask for 10 days unless they develop symptoms. **All close contacts should not test until the 6<sup>th</sup> day after exposure.** (Updated 9.13.21)
2. If mild to moderate symptoms develop, and/or the individual tests positive six days after exposure, continue or start quarantine and return 10 days after first symptoms appeared and 24 hours of being fever free without medication, and 20 days if symptoms are severe to critical or if patient is severely immunocompromised.
3. If mild to moderate symptoms develop, and individual tests negative six days after exposure, return on the eighth day after exposure but only if symptoms are resolved. If symptoms are not resolved, return 10 days from date symptoms developed. (Updated 9.13.21)
4. If mild to moderate symptoms develop, and individual does not test, return ten days from time of exposure but only if symptoms are resolved. If symptoms are not resolved, return 10 days from date symptoms began.

## Actions:

1. If subject is a close contact of someone who was positive on campus, keep track of subject and watch for symptoms. Ask subject to wear a mask for 10 days. Updated 8.16.21
2. If subject has symptoms, see isolation guidelines.

**Visitor to campus later tests Positive**

# GH AZ Covid-19 Response Guidelines

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<b><u>Isolation Guidelines:</u></b>  None	<b><u>Actions:</u></b>  <ol style="list-style-type: none"><li>1. Contact the GH Covid Response Team and the Maricopa Health Department</li><li>2. Determine if the visitor had close contact with anyone on campus.</li><li>3. Notify those who had close contact with the visitor</li></ol>
<b>Student/teacher reports 2<sup>nd</sup> degree exposure</b> (close contact with someone who had close contact with someone who has tested positive)	
<b><u>Isolation Guidelines:</u></b>  None	<b><u>Actions:</u></b>  No response is required.
<b>International Travel</b> Due to new federal regulations requiring all international travelers to have a negative Covid-19 test before returning to the United States, we are no longer requiring people to quarantine upon return from international travel.	
<b><u>Isolation Guidelines:</u></b>  None	<b><u>Actions:</u></b>  None
<b>2 or More Positive Cases Reported on a Campus in a 14 day Period</b> (Epidemiologically linked but not of the same household, not identified as close contacts from off campus, but possible contact on campus)	
<b><u>Isolation Guidelines:</u></b>  Determined after discussion with Maricopa County Health Department	<b><u>Actions:</u></b>  <ol style="list-style-type: none"><li>1. Nurse will report to MCDHS</li><li>2. Communication will be sent to all staff, faculty, families, parents, and guardians.</li><li>3. GH Covid Reponse Team will work with the Maricopa Health Department to monitor and determine if additional measures, such as quarantining a grade level or closing the school, are needed. The President of the region will make the call.</li></ol>