

# GHTX COVID-19 Response Guidelines

Revised 1.6.21

## Individuals Confirmed or Suspected with COVID-19

### Isolation Guidelines:

Return to school contingent upon completion of **all 3**:

1. One day (**24 hrs.**) fever-free w/o fever reducing meds
2. Improvement in symptoms (e.g., cough, shortness of breath)
3. **10 days** have passed since symptoms first appeared

In case of individual who has symptoms that could be COVID-19 & who ***is NOT evaluated by a medical professional or tested for COVID-19***, such individual is assumed to have COVID-19, the individual may **NOT** return to campus until same three-step (s) listed above.

If individual has symptoms that could be COVID-19 & ***wants to return to school*** before completing above stay at home period, must either:

- a. Obtain a Dr Note clearing individual to return based on alternative diagnosis
- b. Obtain an acute infection test at an approved testing location <https://tdem.texas.gov/covid-19/> with a negative result

### Actions for Confirmed COVID-19 Case:

1. Campus Response Team will notify Local County Health Department, and Executive Director. HR will also be notified if subject is an employee
2. Executive Director will assemble the GH COVID Response Team
3. Close off and disinfect all non-porous surfaces asap
4. Determine where the student or employee has been and whom they have had close contact with for the past 72 hours. Close contact is defined as within 6 ft for more than 15 minutes or directly exposed to infectious secretions (e.g., being coughed on).
5. Communicate directly to all adults/students who have come into "close contact" with the subject and quarantine for 14 days.
6. Communicate in a manner consistent with other infectious disease notifications and legal confidentiality requirements to:
  - a. All Faculty members if subject is a faculty member
  - b. Families in the same section as the student/teacher
  - c. All teachers of the student if the subject is a student
7. Ask the parent if they would like the student to engage in GHDL (may return before quarter)
8. If Teacher/staff – determine coverage
9. School Closure, section or grade level quarantines will be determined by the GH Response Team with advisement from their Local County Department of Health

**\*\*refer to Action Steps for COVID-19 Symptoms used to evaluate whether an individual has symptoms consistent with COVID-19 below**

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## COVID -19 Symptoms used to evaluate whether an individual has symptoms consistent with COVID-19

(Have they recently begin experiencing any of the following in a way that is not normal for them?  
(e.g., part of a pre-existing condition such as asthma or known allergies)

### Symptoms:

- Feeling feverish or a measured temp  $\geq$  to 100.0 degrees
- Loss of taste or smell
- Cough
- Difficulty breathing
- Fatigue
- Headache
- Chills
- Sore Throat
- Congestion or runny nose
- Shaking or exaggerated shivering
- Significant muscle pain or ache
- Nausea or Vomiting
- Diarrhea

### Isolation Guidelines

1. See guidelines for **Individuals Suspected with COVID-19** above

### Actions:

1. School nurse will determine if symptoms are part of a pre-existing condition such as asthma or allergies. If not, continue to step 2.
2. Symptomatic individual is immediately sent home
3. Disinfect areas that the student/teacher has been in contact with
4. Notify HR (for teacher and staff members) and Executive Director. GH Response Team is not notified.
5. Communicate to all those who teach the student if subject is a student.
6. Ask parent if they would like the student to engage in GHDL (may return before quarter)
7. If teacher, determine coverage

## Close Contact with Someone Who Tested Positive for Covid-19

Close contact is defined as being ***within 6 ft for 15*** minutes or more however, additional factors like case/contact masking (i.e., both infectious individual and potential close contact have been consistently and properly masked), presence of dividers, and case symptomology may affect determination) or ***being directly exposed to infectious secretions*** (e.g., being coughed on).

### Isolation Guidelines:

1. Exposed individual is quarantined off campus for 10 days from last day of contact as long as they do not have symptoms, and they continue to monitor themselves daily for

### Actions:

1. If subject is an employee, notify HR and ED
2. Send student or employee home and ask them to check their temperature twice a day and to watch for symptoms to develop. Remind them to stay away from people who are at a higher risk.

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<p>symptoms and take appropriate precautions through day 14, OR</p> <p>2. Exposed individual is quarantined off campus for 7 days from last day of contact as long as they do not have symptoms, and receive a negative test result from a PCR or Rapid Antigen test (administered at least 5 days after close contact), and they continue to monitor themselves daily for symptoms and take appropriate precautions through day 14</p> <p>3. If exposed individual develops symptoms during the quarantine period, they must remain at home for 14 days from last day of contact, and until symptoms have improved, and have been fever-free without fever-reducing medication for a full 24 hours.</p> <p>4. If living with someone in the same household who tested positive for COVID-19, and close contact cannot be avoided, the exposed individual is quarantined off campus for 10 days after the person who has COVID-19 meets the criteria to end their home isolation period. Exposed individual may return earlier if they do not have any symptoms during the first 7 days of the exposed individual's quarantine, and test negative on a PCR or Rapid Antigen test administered at least 5 days after the isolation of the infected family has ended. If that test is negative, individual can return to work or school on day 8, so long as they continue</p>	<p>3. Ask the parent if they would like the student to engage in GHDL (may return before quarter)</p> <p>4. If Teacher/staff – determine coverage</p>
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to monitor themselves daily for symptoms and take appropriate precautions through day 14.	
<b>Visitor to campus later tests Positive</b>	
<b><u>Isolation Guidelines:</u></b>  None	<b><u>Actions:</u></b>  <ol style="list-style-type: none"><li>1. Contact the GH COVID Response Team and the Local County Health Department</li><li>2. Determine if the visitor had close contact with anyone on campus.</li><li>3. Notify those who had close contact with the visitor and require them to quarantine according to directions from the Local County Health Department</li></ol>
<b>Student/teacher reports 2<sup>nd</sup> degree exposure</b> (close contact with someone who had close contact with someone who has tested positive)	
<b><u>Isolation Guidelines:</u></b>  None	<b><u>Actions:</u></b>  No response is required.
<b>International Travel</b>	
<b><u>Isolation Guidelines:</u></b>  <ol style="list-style-type: none"><li>1. Stay home for 10 days after return home from international travel, if they do not have any symptoms during that time.</li><li>2. Take temperature with a thermometer two times a day and monitor for fever. Also watch for cough or trouble breathing.</li></ol>	<b><u>Actions:</u></b>  Ask employees and students who have travelled internationally to self-quarantine.

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<ol style="list-style-type: none"><li>3. Stay home and avoid contact with others. Do not go to work or school.</li><li>4. Do not take public transportation, taxis, or ride-shares.</li></ol> <p><b><u>OR</u></b></p> <ol style="list-style-type: none"><li>1. Quarantine for 7 days after return from international travel as long as they do not have symptoms, and the individual receives a negative test result from a PCR or Rapid Antigen test (administered at least 5 days after return from international travel), and they continue to monitor themselves daily for symptoms and take appropriate precautions through day 10.</li></ol> <p>Keep your distance from others (about 6 feet or 2 meters)</p>	
<p><b>2 or more positive cases reported on a campus in a 14 day period</b> (Epidemiologically linked but not of the same household and not identified as close contacts from a previous incident)</p>	
<p><b><u>Isolation Guidelines:</u></b></p> <p>Determined after discussion with Local County Health Department</p>	<p><b><u>Actions:</u></b></p> <ol style="list-style-type: none"><li>1. Nurse will report to Local County Health Dept</li><li>2. Communication will be sent to all staff, faculty, families, parents, and guardians.</li><li>3. GH COVID Response Team will work with the Local County Health Dept to monitor and determine if additional measures, such as quarantining a grade level or closing the school, are needed. The President of the region will make the call.</li></ol>