

GreatHearts[®]

**Great Hearts Arizona Mental Health &
Emergency Family Resource Directory**

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**This guide is a list of local agencies and resources. Great Hearts does not endorse nor recommend any of the resources or agencies on this list.

West Valley Resources

Mental Health Agencies/Community Practices

Redemption Psychiatry – Multiple Locations

17505 North 79th Avenue, #203

Glendale, AZ 85308

480-471-8560

<https://redemptionpsychiatry.com/>

Outpatient psychiatric group providing mental health treatment to children.

Jewish Family and Children's Services

Multiple Locations

5701 West Talavi Blvd, Suite 180

Glendale, AZ 85306

623-486-8202

<https://www.jfcsaz.org/>

Counseling and behavioral health services for children of all ages.

Yee Psychological Services, PLLC

17505 N. 79th Avenue, #213

Glendale, AZ 85308

623-670-2927

<http://yeepsychology.com/>

Dr. Yee is a Licensed Clinical Psychologist who provides services to people age 12 and up. Specializing in treatment of anxiety disorders, Obsessive Compulsive Disorder and traumatic stress disorders.

Touchstone Behavioral Health

15648 N 35th Ave

Phoenix AZ 85053

1-866-207-3882

<https://www.touchstonehs.org/>

Assessment and treatment of behavioral, educational and developmental challenges in children and adults.

Hope Community Services (formerly West Valley Child Crisis)

13760 North 93rd Avenue, Suite 101

Peoria, AZ 85381

<https://hcs-az.org/behavioral-health/>

Family, child, adolescent counseling support, as well as crisis support

West Valley Resources

Mental Health Agencies/Community Practices Continued

Bayless Health Care

926 E McDowell Rd
Phoenix AZ 85008
602-230-7373

<https://www.baylesshealthcare.com/>

Counseling support for individuals and families, focusing on emotional and behavioral health.

Melmed Center

4848 E Cactus Rd #940
Phoenix AZ 85254
480-443-0050

<http://www.melmedcenter.com/>

Assessment and treatment of behavioral, educational and developmental challenges in children and adults.

Valleywise Behavioral Health Center - Maryvale

5102 W. Campbell Ave., Phoenix, AZ 85031

<https://valleywisehealth.org/locations/behavioral-health-center-maryvale/>

Behavioral Health treatment facility

Southwest Network

9051 West Kelton Lane, Suite 13
Peoria, AZ 85382
Phone: 623.815.5700

<http://www.southwestnetwork.org/nt19rq/default.asp>

Individual and family counseling for mental illness, substance abuse and comorbid disorders. Services for children with Autism and their families.

Spectrum Village

4150 West Peoria Avenue Suite 122
Phoenix, AZ 85029
Phone: 602-909-7051

<http://www.spectrum-village.com/ServicesProvided.en.html>

Comprehensive psychological services for children and families. Specializing in the assessment and treatment of Autism Spectrum Disorders, parenting, behavioral/emotional disorders, attachment, trauma, and adoption issues.

West Valley Resources

Grief Support

A New Leaf Glendale

8581 N 61st Ave Glendale, AZ
623-934-1991

New Song at Hospice of the Valley Central Phoenix

1510 E. Flower Street
Phoenix, AZ 85014

Stepping Stones of Hope

4000 North 7th Street, Suite 108
Phoenix, Arizona 85014
602-264-7520

<https://steppingstonesofhope.org/services>

Comprehensive support-based programs, continuum of care and education to grieving children, teens, families, adults and communities.

Grief Share Groups

National grief recovery groups that run in various locations throughout the valley
1- 800-395-5755

Email: info@griefshare.org

<https://www.griefshare.org/countries/us/states/az/cities/glendale>

<https://www.griefshare.org/countries/us/states/az/cities/peoria>

<https://www.griefshare.org/countries/us/states/az/cities/phoenix>

Hope Community Services (formerly West Valley Child Crisis)

13760 North 93rd Avenue
Suite 101

Peoria, AZ 85381

(93rd Ave. & Thunderbird)

<https://hcs-az.org/behavioral-health/>

Family, child, adolescent counseling support, as well as crisis support.

West Valley Resources

Food Resources

West Valley Community Food Bank

7205 N. 51st Ave., Glendale

Call for Days/Hours: 623.848.8278

Grateful Hearts – Hot Breakfast/Lunch

8066 N. 49th Ave., Glendale

Call for Days/Hours: 602.809.9282

Hope for Hunger

5605 N. 55th Ave., Glendale

Call for Days/Hours: 602.773.4344

St Mary's Food Bank

(602) 242-FOOD (3663)

Our office hours are 8:00 am to 5:00 pm, Monday to Friday.

Proof of residency required such as an electric or water bill as well as a valid I.D.- upon call to the main number direction will be given to the proper location

Phoenix School District

[Click Here](#)

Interactive map that shows all the schools in the Phoenix School District offering school breakfast and lunches. School campuses will open from 10:00 am - 12:00 pm to serve food to any individual 18 years old or younger (up to 21 for students with a disability).

Harvest Compassion Center Maryvale

4002 N. 67th Ave., Phoenix, Arizona 85033

1-623-247-0039

Our mission is to provide food and clothing in a hope-filled environment to the underserved in the greater Phoenix area.

Salvation Army

17420 Ave. of the Arts

Surprise, AZ

623-977-1084

Free hot breakfast drive-thru starting March 23 from 07:00am to 09:00am

Sack lunches will also be provided

West Valley Resources

Day Care/ Day Camp Options

Champions

Pre School, Pre-K, and Extended Day Kinder
Before and After School K-6

9450 W Encanto St., Phoenix, AZ 85037

(602) 245-2983

8150 W Durango St., Phoenix, AZ 85043

(602) 245-2983

<https://www.discoverchampions.com/>

Lifeprints Childcare and Learning Center

6am - 6pm

5680 W. Peoria Ave, Glendale, AZ

<https://www.lifeprintschildcare.com/>

Imagination Childcare

5220 N. Dysart Rd, Litchfield Park

(623) 535-9960

www.imaginationchildcare.com.

6:00 am to 6:30 pm

Waiving all enrollment fees. We serve ages 1 through 5.

Boys and Girl's Club

Offering emergency childcare:

Luis and Elizabeth Sands Branch

4730 W. Grovers Ave.

Glendale, AZ 85308

(602) 375-0400

Swift Kids Branch

6420 W. Maryland Ave.

Glendale, AZ 85301

(623) 939-6952

West Valley Resources

Day Care/ Day Camp Options

Tri City West/Thornwood Branch

301 E. Western Ave.
Avondale, AZ 8532
(623) 932-1154

YMCA

Providing emergency childcare

Legacy Foundation Chris-Town YMCA

5517 North 17th Avenue, Phoenix, AZ 85015, United States
(602) 242-7717

Northwest Valley Family YMCA

12450 W. Cinnabar Avenue, El Mirage, AZ 85335
(602) 688-5335

Glendale / Peoria Family YMCA

14711 North 59th Avenue, Glendale, AZ 85306
(602) 588-9622

Southwest Valley Family YMCA

2919 N. Litchfield Road, Goodyear, AZ 85395
(623) 935-5193

Maryvale YMCA

3825 N. 67th Ave Phoenix, 85033
623-873-9622

Programs include educational/tutorial classes, recreational programs and activities, and enrichment programs. Specific centers are youth focused while some centers provide programming and classes for all age groups

West Valley Resources

Medical Resources

County Health Department

4041 N Central Ave #1400

(602) 506-6820

maricopa.gov

County Health Departments offer a variety of low-cost services to the public. You do not have to be on AHCCCS to be eligible.

Lion's Club of Peoria

Eyeglasses

(602) 583-9340

Banner Children's Healthmobile

Our Healthmobile team, including a nurse practitioner and a bilingual medical assistant, provide caring, compassionate and free healthcare services to children from uninsured and underinsured families around the Valley.

Healthmobile Locations, Days and Hours of Operation

- Buckeye Elementary School
 - Located at 210 S. 6th Street, Building 700, in Buckeye
 - The Healthmobile is generally parked at this location from 9 a.m. to 4 p.m. Mondays*
- Vineyard Church North Phoenix
 - Located at 6250 W Peoria Avenue in Glendale
 - The Healthmobile is generally parked at this location from 8:30 a.m. to 4:30 p.m. Tuesdays*
- Banner Health Center in Maricopa
 - Located at 17900 N. Porter Road
 - The Healthmobile is generally parked at this location from 8 a.m. to 4 p.m. Wednesdays*
- Banner Ironwood Medical Center
 - Located at 37000 N. Gantzel Road, in San Tan Valley
 - The Healthmobile is generally parked at this location from 9 a.m. to 5 p.m. Thursdays*
 -

West Valley Resources

Medical Resources

Mission of Mercy Mobile Medical Clinic

(602) 861-2233

360 E Coronado Road #160

Phoenix

Services include: Continuing Care and Medical Services, Prescription Services, Diagnostic Services, Kids Kare

West Valley Resources

Financial Resources

Surprise Resource Center

We have received additional utility assistance funding for electric and gas bills for El Mirage and Surprise residents. Please call 623-222-HOPE on Monday after 8am.

Other Resources

Community Resource Guide for Surprise and West Valley

<https://www.surpriseaz.gov/DocumentCenter/View/40011/Community-Resource-Guide?bidId=&fbclid=IwAR2MnsZlbN85ouDRCWWjkobNA5tRqMrfmv-ueSD8ztLc3kyXK1XFU2Ti2Sc>

Corps Community Center- Salvation Army

6010 W. Northern Avenue, Glendale
623-934-0469

[Click here for Website](#)

Provide assistance with Emergency Financial Assistance, Food and Nutrition Services and Food/Nutrition Services

Central Valley Resources

Mental Health Agencies/Community Practices

Touchstone Behavioral Health

15648 N 35th Ave
Phoenix AZ 85053
1-866-207-3882

<https://www.touchstonehs.org/>

Assessment and treatment of behavioral, educational and developmental challenges in children and adults.

Bayless Health Care

926 E McDowell Rd
Phoenix AZ 85008
602-230-7373

<https://www.baylesshealthcare.com/>

Counseling support for individuals and families, focusing on emotional and behavioral health.

Melmed Center

4848 E Cactus Rd #940
Phoenix AZ 85254
480-443-0050

<http://www.melmedcenter.com/>

Assessment and treatment of behavioral, educational and developmental challenges in children and adults.

Doorways Counseling

4747 North 7th Street, Suite 450
Phoenix, AZ 85014
602-997-2880

<https://www.doorwaysarizona.com/>

Doorways is an outpatient mental health treatment center in Phoenix, Arizona, that specializes in helping teens and young adults with issues such as eating disorders, substance abuse, trauma, depression, bipolar disorder, mood disorders, ADHD and ADD, self-harm, suicide prevention, and more.

Central Valley Resources

Mental Health Agencies/Community Practices Continued

Yee Psychological Services, PLLF

17505 N. 79th Avenue, #213

Glendale, AZ 85308

623-670-2927

<http://yeepsychology.com/>

Licensed Clinical Psychologist specializing in treatment of anxiety disorders, Obsessive Compulsive Disorder and traumatic stress disorders.

Restored Living Counseling

8114 E. Cactus Road, Suite 240, Scottsdale, AZ 85260

Reception: 480-427-3350

Phone Consultation: 480-779-0058

<http://restoredlivingcounseling.com/>

Counseling services for adolescents, adults, and couples

Julie Caldwell, LMFT

42104 N. Venture Drive, Bldg. E, Anthem, AZ 85086

602-791-0894

<http://www.juliecaldwellcounseling.com/>

Therapeutic services for individual adults, children and adolescents, couples, families and groups.

Arizona Youth and Family Services

3707 North 7th Street, Phoenix, AZ 85014

602-277-4833

<http://www.azyfs.org>

Non-profit outpatient community mental health agency serving children, adolescents, families.

Arizona Child Psychology

10210 N 32nd Street #213, Phoenix, AZ 85028

602-824-8804

<https://arizonachildpsychology.com/>

Multidisciplinary psychology and counseling practice serving children, adolescents, young adults, and parents.

Central Valley Resources

Mental Health Agencies/Community Practices Continued

Southwest Network

Central Valley (birth to age 21)

2444 East University Dr., Suite 150, Phoenix, AZ 85034

602-304-0014

<http://www.southwestnetwork.org/ni/locations.shtml>

Behavioral health services to infants, children, adolescents and adults

Mindfully Integrated Health PLLC

8585 East Hartford Drive Suite 103, Scottsdale, AZ 85255,

(480) 562-6600

<https://www.mindfullyintegratedhealth.com/our-providers>

Small psychiatric practice in Scottsdale, AZ providing psychiatry and counseling services, full diagnostic evaluations with a comprehensive treatment plan that may include medications and/or therapy.

Devereux Outpatient Treatment

11024 N. 28th Drive, Suite 110, Phoenix, AZ 85029

(602) 944-6222

https://www.devereux.org/site/SPageServer/?pagename=az_programs_preventative_oc_2015

Outpatient Counseling: Devereux offers comprehensive outpatient counseling services for individuals, families, and groups in the office, school & or home setting. Specialties include the treatment of ADHD, Conduct Disorders, Mood Disorders, Physical Abuse, Sexual Abuse and Anxiety Disorders.

ASU Clinical Psychology Center

1100 E University Dr, Tempe, AZ 85281

Phone: 480-965-7296

<https://psychology.asu.edu/asu-clinical-psychology-center>

Services Provided: Psychotherapy for Anxiety & Depression, Stress, Anger, Relational Problems, ADHD, Child and Family problems, adjustment to health problems. Group therapy programs such as Weight management, Social Skills, Sleep Improvement, Depression prevention for girls. Evaluations – Learning disorders, ADHD, Giftedness, Anxiety, Psychological.

Central Valley Resources

Mental Health Agencies/Inpatient Facilities

Quail Run Behavioral Health

2545 W Quail Ave, Phoenix, AZ 85027

602-455-5700

<https://quailrunbehavioral.com/>

Quail Run Behavioral Health offers acute inpatient treatment to adolescents ages 12 to 17.

Aurora Behavioral Health

24hr Assessment Line: 877-870-7012

West Valley:

6015 W. Peoria Ave. Glendale, AZ 85302

Main: 623.344.4400

East Valley:

6350 S. Maple Ave. Tempe, AZ 85283

Main: 480.345.5400

<https://www.auroraarizona.com/programs/arizona-adolescent-programs>

Intensive outpatient programs for adolescents in areas including mood management, self-esteem, anger, communication skills, social skills, grief, loss and trauma, and self-injurious behaviors. Holistic personalized care, detox and chemical dependency services, and a specialized Autism unit.

Banner Behavioral Health Hospital

7575 E Earll Dr. Scottsdale, AZ 85251

480-448-7500

<https://www.bannerhealth.com/locations/scottsdale/banner-behavioral-health-hospital>

Devereux Inpatient Treatment

6436 E. Sweetwater Avenue, Scottsdale, AZ 85254

480-998-2920

https://www.devereux.org/site/SPageServer/?pagename=az_rtc

Phoenix Children's Hospital

1919 E. Thomas Road, Phoenix, AZ 85016

602-933-1000

<https://www.phoenixchildrens.org/centers-programs/psychiatry-program/services>

Central Valley Resources

Grief Support

New Song at Hospice of the Valley Central Phoenix

1510 E. Flower Street

Phoenix, AZ 85014

<https://www.hov.org/our-care/grief-support/new-song-center-for-grieving-children/new-song-locations/>

A safe, nurturing environment where children, teens and young adults and their caregivers can address issues of grief and loss in a straightforward way. Also offers workshops, in-services and talks to school, work and community groups.

New Song at Saint Barnabas on the Desert

6715 N. Mockingbird

Scottsdale, AZ 85253

Stepping Stones of Hope

4000 North 7th Street, Suite 108

Phoenix, Arizona 85014

602-264-7520

<https://steppingstonesofhope.org/services>

Comprehensive support-based programs, continuum of care and education to grieving children, teens, families, adults and communities.

Grief Share Groups

National grief recovery groups that run in various locations throughout the valley

1- 800-395-5755

Email: info@griefshare.org

<https://www.griefshare.org/countries/us/states/az/cities/anthem>

<https://www.griefshare.org/countries/us/states/az/cities/scottsdale>

Central Valley Resources

Food Resources

Vista del Camino Food Bank

7700 E Roosevelt Ste

Scottsdale, AZ, 85257

Main Line: 480-312-2323

<https://www.scottsdaleaz.gov/human-services/vista-del-camino>

Call Vista's Main Line to schedule an appointment to receive a food box fitting your needs (to the best of their ability). Other services at this location: Rent and utility assistance, job preparation, emergency prevention rental assistance, emergency financial assistance (transportation, prescriptions, and special needs), and back-to-school program. CFSP distributed on Wednesday following the second Tuesday of the month

United Food Bank's Help Yourself Food Distribution

Each Friday, from 8 a.m. - noon, those with an "immediate need" can visit United Food Bank's Help Yourself Co-Op to receive food, as long as supplies last.

The food bank is located at 358 E. Javelina Ave., Mesa, AZ 85210.

Rock Church Food Pantry

2012 N. Scottsdale Rd. Ste A

Scottsdale, AZ - 85257

(480) 945-8155

Food Pantry Hours: Thursday from 6:00pm - 8:00pm

Food Bank

(602) 528-3434

1-800-445-1914

Website: www.azfoodbanks.org/index.php/foodbank

Harvest Compassion Center- Phoenix

4744 E Thunderbird Rd Ste 9

Phoenix Az, 85032

Main Line- 602-788-2444

Hours of Operation / Horario:

Mon, Wed 9:00 am - 11:30 am

Sat 9:00 am - 11:30 am

Central Valley Resources

Food Resources

Paradise Valley Emergency Food Bank

10862 N 232nd St

Phoenix AZ, 85028

Hours of Operation / Horario:

Mon - Fri 9:00 am - 4:00 pm

Desert Mission Food Bank

9229 North 4th St

Phoenix Az 85020

Main Line: 602-870-6062

Hours of Operation / Horario:

Mon, Tue, Thu 8:30 am - 4:00 pm

Wed 8:30 am - 5:30 pm

Fri 8:30 am - 2:30 pm

Closing at noon Tues Mar 31

Neighborhood Ministries

18181 W. Van Buren Street, Phoenix 85009

602-252-5225

Fridays 9:30-11:00am

Food boxes, clothing bank, and social services provided. No referral required.

Cultural Cup Food Bank

324 E. Thomas Road, Phoenix, 85012

602-243-1773

Tuesday to Thursday 9am-1:45pm

Food boxes; walk-ins are welcome. No referral required

St. Mary's Food Bank

2831 N. 31st Ave

Phoenix, 85009

602-242-3663

Monday through Friday 8am-4pm

Emergency food boxes provided. You may need to provide proof of address

Central Valley Resources

Food Resources

Desert Christian Food Bank

1445 W. Northern Ave

Phoenix, 85021

602-861-4008

Food boxes provided on Sundays. Walk-ins served. No referral required. Mobile pantry is offered on the 3rd Friday of each month.

Phoenix Rescue Mission

1801 S. 35th Ave

Phoenix, 85009

602-233-3000

Soup kitchen. Walk-ins welcome. No referral required. Monday through Friday: Breakfast, lunch and dinner provided; Breakfast, lunch, dinner, and snacks also provided Saturday and Sunday 8-9; M-F 6:30-8 (Brkfst); M-F 11:30-1 (Lunch); M-F 4:30-6 (Dinner)

ICM Food & Clothing Bank

501 S. 9th Ave

Phoenix, 85007

602-254-7450

Food boxes provided. Walk-in welcome. No referral required. Proof of address not required during this time. Food boxes will be distributed outside the building. Clothing room will be closed until further notice. Access to toiletries, baby formula, and diapers upon request

Central Valley Resources

Food Resources

Scottsdale School District Free Meals for Kids - Multiple Locations

<https://www.susd.org/Page/3954>

Each child present between the ages of 1 and 18 will receive a free breakfast and lunch! In order to assist families in meeting their children's nutritional needs during the school closure, the following locations will serve as meal distribution sites. Free meals are available for all children ages 1 – 18 each weekday, beginning Monday, March 23 per the schedule and locations below. **Look for a Scottsdale Unified school bus at these locations:** (Simply pull up to the bus. There is no need to exit your vehicle.)

Navajo Elementary, 7501 E. Oak St., Scottsdale
Tavan Elementary, 4610 E. Osborn Rd., Phoenix
Yavapai Elementary, 701 N. Miller Rd., Scottsdale
Tonalea K-8, 6720 E. Continental Dr., Scottsdale

Hohokam Elementary, 8451 E. Oak St, Bus Lane: 9:30 -10 a.m.
City of Scottsdale Apache Park, 1201 N. 85th Pl, South Parking Lot: 10:30 – 11 a.m.
Navajo Granite Reef Campus, 4525 N. Granite Reef Rd: 9:30 -10 a.m.
Pueblo Elementary, 6320 N. 82nd St, Bus Lane: 10:30 – 11 a.m.
SUSD Bus Stop, 7440 E. Thomas Rd. Parking Lot at northeast corner of Thomas Rd. and Civic Center Dr: 9:30 – 10 a.m.
Oasis of Scottsdale Apartments, 7777 E. Heatherbrae (Just West of 78th St) : 10:30 -11 a.m.
Redfield Elementary, 9181 E. Redfield Rd. (west parking lot off of Redfield Road): 9:30 -10am
City of Scottsdale Horizon Park, 15444 N. 100th St, West Entrance: 10:30 – 11 a.m.
The Bridge United Methodist Church, 4900 E. Thomas Rd, Phoenix: 9:30 -10 a.m.
Salem Lutheran Church, 6701 E. Osborn Rd, Scottsdale: 10:30 – 11 a.m.
Scottsdale 59 Apartments, 5900 E. Thomas Rd: 9:30 – 10 a.m.

Phoenix Union School District - Multiple Locations

All PXU school cafeterias will open from 10:00 am - 12:00 pm to serve food to any individual 18 years old or younger (21 or younger for students with a disability).

<https://www.google.com/maps/d/viewer?mid=1iPYOLyy7xe3o4rILNoL45AMAEXLgrkXK&ll=33.43288225300171%2C-112.13320738918259&z=11>

Central Valley Resources

Day Care/ Day Camp Options

Lincoln Family Downtown YMCA

350 N. 1st Ave

Phoenix, 85003

602-404-9622

M-F 5am - 9pm

Sat-Sun 9am - 7pm

Teen leadership programs, youth workforce, exercise & swim facility

Christown YMCA

5517 N. 17th Ave

Phoenix, 85015

602-242-7717

M-F 5am - 9pm

Sat-Sun 9am - 7pm

Teen leadership programs, youth workforce, exercise & swim facility

Boys & Girls Club: Harry & Sandy Rosenweig branch

2242 W. Missouri

Phoenix, 85015

602-249-1338

M-F 8am - 6pm (Extended hours during school closures)

Unique mix of opportunities for kids & teens, including leadership development, activities, etc.

**Free breakfast and lunch available and extended hours are in place during school closures.

Boys & Girls Club: IG Homes

1601 W. Sherman St

Phoenix, 85007

M-F 8am - 6pm (Extended hours during school closures)

602-254-5814

Children's Learning Adventure Daycare Centers - Multiple Locations

www.childrenslearningadventure.com

Three locations in the Phoenix metro: Laveen, Maricopa, and Scottsdale. They offer full camp programs from 6 am- 6:30 pm. The camps will waive all registration fees for families affected by school closures.

Central Valley Resources

Day Care/ Day Camp Options

Valley of the Sun YMCA - Multiple Locations

<https://valleymca.org/spring-break-camp>

The YMCA has extended its spring break programs until March 27 because of the recent school closures. There are fifteen branches in the state. Programs may vary between branches. You will have to call each branch to check availability and costs.

Impact Gymnastics Academy

7812 N 12th St B, Phoenix.

602-870-7574

www.impactgymaz.com

Day camp will be hosted for every day that school is closed. The camp is \$25 per day for any amount of time between the hours of 8 a.m. and 4 p.m. Children will be in groups of 10 or fewer, for children ages 4 (and potty-trained) to 17.

Dysart Unified School District Spring Camp and Growing Minds Preschool

www.dysart.org/communityeducation.

Priority for these programs will first be given to essential medical, public safety and military personnel, second to current Den Club participants, and then to the general public. Limited space is available and will be based on staffing capacity. Please note that we are taking additional precautions to ensure the health and safety of the children and staff in these programs.

Imagination Childcare Childcare/Preschool

5220 N. Dysart Rd, Litchfield Park

623-535-9960

www.imaginationchildcare.com

Imagination Childcare remains open (6:00 am to 6:30 pm) and has 10 openings for preschool age children. Waiving all enrollment fees; serving children ages 1 through 5. Imagination Childcare/Preschool has implemented increased cleaning and monitoring during the corona virus outbreak and is following AZ DHS and CDC guidelines.

Central Valley Resources

Financial Resources

Sunnyslope Family Services Center

914 W. Hatcher Rd, Phoenix, 85021

602-495-5229

Multipurpose center offers rent and mortgage payment assistance, and utility assistance for electric, natural gas and City of Phoenix water bills. Call Mondays at 8:00 am for appointments.

**To schedule an emergency assistance appointment, call 602-534-2433 or 1-866-882-1778

Travis L. Williams Family Services Center

4732 S. Central Ave, Phoenix, 85040

602-534-4732

Multipurpose center offers rent and mortgage payment assistance, and utility assistance for electric, natural gas and City of Phoenix water bills. Call Mondays at 8:00 am for appointments.

Find Help Phoenix

www.findhelpphx.org

An on-line directory of services and resources divided by categories of service (medical services, legal help, affordable housing, childcare and many other services)

APS

602-371-7171

Reach out to their New Customer Support Fund; APS will NOT disrupt service

SRP

602-236-8888

SRP will not turn service off for non-payment and waive all late fees during COVID-19 pandemic

City of Phoenix Water

602-216-800

Water services will not be turned off and have reconnected anyone suspended for nonpayment

Cox Communications

www.cox.com

Cox is offering free WiFi hotspots and Connect to Compete program for parents and families with students.

Central Valley Resources

Other Resources

City of Scottsdale Community Assistance Office

Federal Housing Choice Voucher (HCV) Program; Federal Community Development Block Grant (CDBG) Program; Federal HOME Investments Partnership (HOME) Program
A variety of local funding sources including Scottsdale Cares, General Funds and Endowment.
A variety of housing rehabilitation programs including Green Housing Rehabilitation, Roof Repair and Replacement Program and Emergency Repair Program.
<https://www.scottsdaleaz.gov/human-services/community-assistance-office>

UMOM New Day Centers

(602) 275-4533

Website: www.umom.org

Provides safe shelter, housing, and supportive services to help families meet basic needs, including parent support, housing, wellness center, domestic violence support, and child development.

Community Information and Referral

(602) 263-8856, or call 211

Website: www.cir.org

Community Network for Accessing Shelter

24 hours / 7 days a week

(602) 263-8900

1-800-799-7739

Shelter and housing services, domestic violence, emergency housing, transitional housing, rental assistance, utility assistance, food banks/pantries, legal representation, clothing and furniture assistance.

East Valley Resources

Mental Health Agencies/ Community Practices

Terros Health

1232 E Broadway Rd #120
Tempe, AZ 85282
602-685-6000

<https://www.terroshealth.org/>

Individual, group, family therapy, EMDR, DBT, crisis services, day treatment, intensive and standard outpatient, serious mental illness services, residential care, psychiatric medication services, addiction, sober living, support groups, telehealth, wellness classes.

Southwest Behavioral & Health Services

1255 W. Baseline Road #138
Mesa, AZ 85202
480-820-5422

<https://www.sbhservices.org/>

Individual and family counseling for mental illness, substance abuse and comorbid disorders. Services for children with Autism and their families.

Oasis Behavioral Health

2190 N Grace Blvd
Chandler, Arizona 85225
480-917-9301

<https://www.obhhospital.com/>

Treatment for mental health disorders including ADHD, anxiety, aggression, addiction, bi-polar, borderline personality, conduct disorder, depression, ODD, PTSD, psychosis, schizophrenia, self-harm and suicidal ideation.

Aurora Behavioral Health

6350 S. Maple Ave.
Tempe, AZ 85283
480-345-5400

<https://www.auroraarizona.com/>

Intensive outpatient programs for adolescents in areas including mood management, self-esteem, anger, communication skills, social skills, grief, loss and trauma, and self-injurious behaviors. Other services include holistic personalized care, detox and chemical dependency services, and a specialized Autism unit.

East Valley Resources

Mental Health Agencies/ Community Practices

SanTan Behavioral Health Services

459 North Gilbert Rd, Ste. C-100

Gilbert, AZ, 85234

480-507-3644

<https://www.santanbhs.com/>

In-home counseling services, therapies including martial arts, dance, boxing, and basketball. Therapeutic weekend programs, behavior coaching, mentoring and more.

Red Mountain Behavioral Health Services

2915 E. Baseline Rd, Ste.115

Gilbert, AZ 85234

480-641-9552

<https://www.rmbhs.com/>

Individual, family and group counseling through various interventions including talk, trauma-based, mindfulness, CBT, EMDR and others. Focus areas include depression, ADHD, self-esteem, substance abuse, anger, grief and loss, anxiety and stress, social skills and communication. Sessions may be home, community or office based.

Crisis Preparation and Recovery

2120 S. McClintock Drive #105

Tempe, AZ 85282

480-804-0326

<https://www.crisisprepreandrecovery.com/>

Counseling for individuals, couples and families, through modalities such as CBT, DBT, EMDR, in areas including anxiety, anger, depression, grief, trauma, gender identity, etc. Provides holistic approaches including nutrition and physical wellness; offers in-home counseling services.

Unique Family Services

4801 S. Lakeshore Dr. Suite #101,

Tempe, Arizona 85282

480-462-0142

<https://uniquefamilyservices.com/>

Counseling to individuals and families for coping skills, regulation, communication, self esteem, etc.; behavior coaching for parents and caregivers to help manage their youth's struggling behaviors.

East Valley Resources

Mental Health Agencies/ Community Practices

Lifeline Professional Counseling

(Multiple Valley locations)
335 N Alma School Rd Suite E
Chandler, AZ 85224
1423 S Higley Rd STE 103
Mesa, AZ 85206
480-641-1165

<http://www.lifelinepcs.com/#home>

Counseling for children and teens for ADHD, mood management, anger, gender and sexual identity, anxiety and stress, trauma and more.

Desert Eagle

1835 W Chandler Blvd #100
Chandler, AZ 85224
480-269-1733
<https://deserteaglecounseling.com/>
Cognitive Therapy and EMDR

Total Life Counseling

690 E Warner Rd #115
Gilbert, AZ 85296
480-444-2434
<https://www.totallifecounseling.net/>

Children and adolescent specialists to address social emotional and behavioral health needs

Evolve Counseling and Behavioral Health Services

1206 E. Warner Rd. Ste. 115
Gilbert, AZ 85296
480-590-3915
<https://www.evolvecounselingaz.com/>

Counseling for children and teens, ADD/ADHD support, and rotating groups such as social skills for adolescent males, self-esteem for adolescent females and parenting skills.

Strategies For Success

10440 E. Riggs Road #207
Mesa, AZ 85284
<https://strategiesforsuccessaz.com/>

East Valley Resources

Mental Health Agencies/ Community Practices

Bayless Integrated Healthcare

Dobson Ranch Therapeutic Wellness
2204 S. Dobson Road, Suite 201
Mesa, AZ 85202
480-281-2637

<https://www.baylesshealthcare.com/locations/dobson-ranch-therapeutic-wellness/>

Counseling support for individuals and families, focusing on emotional and behavioral health

Jewish Family & Children Service

880 N Colorado St,
Gilbert, AZ 85233
480-820-0825

<https://www.jfcsaz.org/>

Counseling and behavioral health services for children of all ages.

Catholic Charities Community Services

2220 S. Country Club Drive, Suites 106, 108
Mesa, AZ 85210
602-749-4405

<https://www.catholiccharitiesaz.org/>

General counseling support for all ages

East Valley Resources

Inpatient Treatment Centers

Oasis Behavioral Health

2190 N. Grace Blvd
Chandler, AZ 85225
480-917-9301

<https://www.obhhospital.com/>

In-patient care: 11-17 year olds in need of acute support for crisis management and stabilization.

Residential care: 11-17 year olds who are experiencing emotional, behavioral and/or substance abuse difficulties.

Aurora Behavioral Health

6350 S. Maple Ave.
Tempe, AZ 85283
480-345-5420

<https://www.auroraarizona.com/>

In-Patient Mental Health Services for adolescents 13-17 years old. Treatment for emotional and psychological problems, including: depression, substance abuse, aggression, rebellion, self-injury, suicidal behavior, mood disorders, anxiety disorders, violence towards others, lusions, hallucinations, medication stabilization.

Anasazi Foundation

1424 South Stapley Dr. Mesa
Arizona 85204
480-892-7403

<https://www.anasazi.org/>

Wilderness programs for boys and girls, ages 13-17, struggling with substance abuse, emotional or behavioral concerns.

East Valley Resources

Grief Services

GriefShare

480-600-8352

<https://www.griefshare.org/countries/us/states/az>

Support for grief journey after the loss of a loved one. Multiple location

New Song Center for Grieving Children

480-951-8985

<https://hov.org/our-care/grief-support/new-song-center-for-grieving-children/>

Support groups and activities for children, teens or young adults who have lost a loved one

Hospice of the Valley

602-530-6900

<https://hov.org/our-care/grief-support/>

Support for teens and adults who have suffered a loss

Empact Survivors of Suicide

480-784-1514

empactsos.org

Support group for youth and adults

Banner Hospice

480-657-1167

<https://www.bannerhealth.com/services/hospice/support>

Grief Support Groups for families- 12 week program, \$15 materials fee

The Dougy Center- The National Center for Grieving Children and Families

<https://www.dougy.org/>

Search various supports and locations within the state

Grief support programs for children, teens, young adults and adults; resource materials; tips sheets and more.

East Valley Resources

Food Resources

United Food Bank's Help Yourself Food Distribution

Each Friday, from 8 a.m. - noon, those with an "immediate need" can visit United Food Bank's Help YourSelf Co-Op to receive food, as long as supplies last.

The food bank is located at 358 E. Javelina Ave., Mesa, AZ 85210.

Association for Arizona Food Banks

Largest database for food banks and emergency food options- will provide you with the closest location to support you

1-800-445-19149

Monday-Friday 8am-5pm

<http://www.azfoodbanks.org/>

Valley School Districts

Offering sack, breakfast & lunches during school closure

School Meals Link

Chandler Care Center

777 E. Galveston St. Chandler, AZ 85225

480-812-7900

Food Bank Hours: M&F 8am-11am; T&W 8am-1pm

Free Farmers Market TH 7:30-8:30am (bring photo ID bags/boxes for food)

www.chandlerCAREcenter.com

Chandler Christian Community Center and Food Bank

(will determine where you can get food, including gov't assistance)

345 S. California St., Chandler, AZ 85225

480-963-1423

Monday-Friday 8am-4pm

www.Chanderfoodbank.org

Chandler First Church of Nazarene

(Get a grocery cart of food for \$10, cash only. Ticket required: on sale Friday 6-7pm; first come first serve)

301 N. Hartford, Chandler, AZ 85225

480-963-4464

4th Saturday of every month, 7-11am

East Valley Resources

Food Resources

Chandler WIC

(State supplemental nutrition and breastfeeding program for qualifying women, infants and children)

3002 N. Arizona Ave, #13, Chandler, AZ 85225

480-892-7702

www.azdhs.gov/prevention/azwic

Matthew's Crossing Food Bank

www.mathewscrossing.org

Drive-through food distribution *Not located at the food bank

Monday-Friday, 9-11am

2541 N. Arizona Ave, Chandler, AZ 85225

Paz de Cristo Community Center

*Grab-n-go meals, alternative to evening meal service which is currently suspended (COVID-19)

Paz de Cristo Community Center

424 West Broadway Road, Mesa, Arizona 85210

Open Arms Care Center

522 N. Gilbert Road #103, Gilbert, AZ 85234

480-539-0157

www.openarmscc.com

Pantry Hours: M/W 1-3pm T/Th 9-11am & 6-8pm Sat 9-11am

Vineyard Community Church Food Pantry

601 S Cooper Rd, Gilbert, AZ 85233

480-892-5828

Pantry Hours: Tuesdays 10:00am - 2:00pm

East Valley Resources

Day Care/Day Camp Options

Boys and Girls Clubs of the East Valley

Multiple locations (Chandler, Gilbert, Mesa, etc.)

<https://bgcmp.org/updates/>

Valley YMCA (multiple locations)

Emergency Child Care services until April 10. This service includes breakfast, snacks, and lunch. Also, anyone under the age of 18 years old can pick up a free meal at one of the locations listed here:

- Jacobs/City YMCA (central) - 7 a.m. - 6 p.m.
- Lighthouse/City YMCA (midtown) - 7 a.m. - 6 p.m.
- Lohse Family YMCA (downtown) - 6 a.m. - 6 p.m.
- Northwest YMCA, Pima County Community Center (northwest) - 6 a.m. - 6 p.m.
- Ott Family YMCA (east) - 7 a.m. - 6 p.m.
- Cottonwood Elementary School (south east) - 7 a.m. - 6 p.m.
- Mulcahy/City YMCA Child Care Center (south) - 6 a.m. - 6 p.m.

<https://operations.daxko.com/Online/5242/ProgramsV2/Search.mvc>

Life Christian Preschool & Childcare

11530 E. Queen Creek Rd. Chandler 85286

(between Arizona Ave & McQueen on Queen Creek Rd)

Open 6a-6p Monday - Friday

Serving Infants - 5th grade

Phone: 480 539-8933

<http://lifechildcare.org/index.html>

Children's Learning Adventure (multiple locations):

1-877-797-1417

<https://www.childrenslearningadventure.com/>

East Valley Resources

Medical Resources

Adelante Healthcare Mesa

1705 W. Main St. Mesa, AZ 85201

1-877-809-5092

<https://adelantehealthcare.com/locations/#>

Chandler Care Center

777 E. Galveston St. Chandler, AZ 85225

480-812-7900

<https://www.cusd80.com/Page/999>

Care Partnership Clinic (general medical and dental care)

466 S. Belleview St. Mesa, AZ 85204

480-833-8987

M-F 8am-5pm; call to schedule an appointment

<https://www.catholiccharitiesaz.org/>

East Valley Resources

Financial Resources

Department of Economic Security (DES)

Resources including housing, rent and emergency assistance

(855) 432-7587

<https://des.az.gov/services/coronavirus>

COX Low-cost internet

Effective Monday, March 16, we are providing:

- Limited-time, first two months free of Connect2Compete service, \$9.95/month thereafter
- Until May 15, 2020, we are providing phone and remote desktop support through Cox Complete Care at no charge to provide peace of mind and ease for technology needs
- Resources for discounted, refurbished equipment through our association with PCs for People
- A Learn from Home toolkit for schools, including instructions on how to fast-track eligible students without internet access Download toolkit

https://www.cox.com/residential/internet/connect2compete.html?sc_id=cr_dm_camp_z_c2c_vanity

Chandler Care Center

777 E. Galveston St. Chandler, AZ 85225

480-812-7900; appointment required

(help applying for TANF- Temporary Cash Assistance for Needy Families)

US Government Benefits

Search for government assistance programs

1- 800-333-4636

Monday- Friday 6am-6pm

<https://www.benefits.gov/>

East Valley Resources

Other Resources

Arizona Students Recycling Used Technology (AZ StRUT)

Individuals, schools, non-profits and others who need affordable refurbished computer.

1720 W. Broadway Road

Mesa, AZ 85202

<http://azstrut.org>

480-222-4066

Valley Wide Resources

Crisis Services

Crisis Response Network

602-222-9444

Crisis Response Network provides immediate and confidential help.

AZ Teen Crisis Solutions

1-623-879-9600 (24-hour hotline)

For parents of struggling and troubled teens.

Arizona Department of Child Safety (DCS)

1-888-767-2445

Reporting abuse or neglect <https://dcs.az.gov/>

NAMI of the Sun

Maricopa Crisis Line: 800-631-1314

Crisis Line Hearing impaired (TTY/TDD) 1-800-327-9254

<https://namivalleyofthesun.org/about/>

Crisis support, educational programs, community resources

Suicide Prevention

EMPACT Suicide Prevention Hotline

1-800-273-8255

Suicide Prevention Center: comprehensive crisis and community behavioral health services to children, adults, and families. Services are provided in the home or at one of the office locations

National Suicide Prevention Lifeline

1-800-273-TALK (8255) or contact the

Crisis Text Line by texting TALK to 741741.

Teen Lifeline

602-248-8336

To prevent teen suicide in Arizona through enhancing resiliency in youth and fostering supportive communities.

Trevor Project

1-866-488-7386

<https://www.thetrevorproject.org/>

Providing crisis intervention/suicide prevention services to LGBTQ young people under 25.

Valley Wide Resources

Behavioral Health State Associations

The following organizations are professional state associations representing various practitioners specializing in behavioral health. These associations provide a search feature on their websites to find practitioners that may meet your individual needs.

Arizona Association for Marriage and Family Therapy

Search for a Marriage and Family Therapist

Website: <http://www.azamft.com>

Arizona Branch of the Association of Play Therapy

Search for a Play Therapist

Website: <http://www.azapt.org/directory.php>

Arizona Counselors Association

Search for a Counselor

Website: <http://azca.org/find-a-counselor/>

Arizona Psychological Association

Search for a Psychologist by specialty

Website: <http://www.azpa.org>

Arizona Board of Medical Examiners

The AZ Board of Medical Examiners Website allows searches by specialty (e.g., psychiatry).

Website: <http://www.azmd.gov/GLSPages/DoctorSearch.aspx>

Arizona Nurse Practitioner* Council

Search for a Nurse Practitioner

Website: <http://www.arizonanp.com/search.aspx>

*Nurse Practitioners have a master's degree in nursing and can prescribe medication and manage minor psychiatric disorders.

Valley Wide Resources

Education Resources

Glendale Public Library Brainfuse

Online, live-chat, all-subject homework assistance for library card-holding students from kindergarten through college — available in Spanish or English, from 1-10 p.m. daily.

PBS Kids

programming for PreK to 3rd grade will remain in the 5-6:30 a.m then will continue uninterrupted on Arizona PBS KIDS at www.atpbskids.org and <https://azpbs.org/arizona-pbs-on-demand/our-channel-offerings/>

Johnson Space Center

Join Boeing and Discovery Education on a mission to inspire the world through aerospace innovation with an exclusive virtual field trip to historic Johnson Space Center in Houston, Texas <https://www.boeingfutureu.com/>

Virtual Museum Tours

Since museums will also be closed, Google partnered with hundreds of museums to offer virtual tours. The Louvre Museum also has a virtual tour on their site. <https://artsandculture.google.com/partner?hl=en&tab=pop>

Virtual Field Trips:

A collection of sites to live webcams, virtual tours/trips, and other miscellaneous fun academic sites. <https://virtualschoolactivities.com/>

Khan Academy (academic subject areas K-12)

<https://www.khanacademy.org/>

GoNoodle (movement, social/emotional learning)

<https://www.gonoodle.com/good-energy-at-home-kids-games-and-videos/>

Cosmic Kids Yoga (movement, social/emotional learning)

<https://www.youtube.com/user/CosmicKidsYoga>

National Geographic Kids

<https://kids.nationalgeographic.com/>

Virtual Museum and Zoo tours Google Arts & Culture

<https://artsandculture.google.com/>

Google National Parks Tour

<https://artsandculture.google.com/project/national-park-service>

Valley Wide Resources

Education Resources

Virtual Ocean Dives

<https://sanctuaries.noaa.gov/vr/>

Paiute Neighborhood Center

Digital Library containing free resources for families, parenting workshops, parenting support, activities for children and parents (web-based and in person)

<https://www.scottsdaleaz.gov/human-services/paiute-neighborhood-center/family-resource-center>

Switcheroo Zoo (watch, listen and play games to learn about animals)

<https://www.switchzoo.com/>

Fun Brain (play games to practice math and reading skills. K-8)

<https://www.funbrain.com/>

PBS Kids- Parent Resource (learning activities themed around PBS programming)

http://pbsfan.etvendowment.org/?gclid=EAlaIQobChMIp5y64Kay6AIVlddkCh2FjgieEAAYASAAEqJs2fD_BwE

Into the Book (go “into the book” to play games that practice reading strategies)

<https://reading.ecb.org/>

Seussville (read with Dr. Seuss and his friends)

<https://www.seussville.com/>

ABC YA (Practice math and reading skills through games, K-6+)

<https://www.abcya.com/>

Storyline Online (Have your favorite stories read to you)

<https://www.storylineonline.net/>

Highlights Kids (read, play games and conduct cool science experiments)

<https://www.highlightskids.com/>

San Diego Zoo Live Webcams

<https://zoo.sandiegozoo.org/live-cams>

Valley Wide Resources

Financial Resources

Mortgage Assistance

Fannie Mae: [Coronavirus \(COVID-19\) Help](#)

<https://www.knowyouroptions.com/covid19assistanc>

1-800-2FANNIE (1-800-232-6643)

[Freddie Mac: Extending Help to Homeowners Impacted by COVID-19](#)

<https://myhome.freddiemac.com/own/getting-help-disaster.html>

1-800-FREDDIE (1-800-373-3343)

Arizona Public Service (APS)

Currently suspending shutting off power to customers of non-payment and waiving late fees.

Contact the Customer Support fund if you need assistance paying your bill.

Phoenix (602) 371-7171

Or (800) 253-9405

SRP

SRP encourages customers who are experiencing difficulty paying their electric bill for any reason, to notify us as quickly as possible so we can make arrangements that can help avoid a worsening financial situation. Call us 24/7, even on holidays, at (602) 236-8888

Dept. of Economic Security

To apply for Nutrition, Cash and Medical Assistance, visit <https://www.healtharizonaplus.gov/> or call (855) 432-7587.

Small Business Administration (SBA) Loans for Small Businesses

To learn more about the process for accessing SBA's COVID-19 disaster relief lending, please go <https://www.sba.gov/> or contact the SBA disaster assistance customer service center: 1-800-659-2955

Other Resources

211 Arizona

General resource for food, clothing, paying bills, housing/shelter, etc

<https://211arizona.org/>

Arizona Non-Profits

Multiple supports throughout the valley

<https://greatnonprofits.org/city/phoenix/AZ>